

BREAKING NEWS

NEW ZEALAND ORTHOPAEDIC NURSES ASSOCIATION 2006. Issue 7

Hi everyone,
Spring is on its way which means summer isn't far behind.

The next NZONA meeting will be the AGM at the Wellington Conference. The meeting will be on Saturday 9th September 2006 at 2006. All are welcome to attend.

At Middlemore, we are in the midst of exciting times. We are having new wards built and have the opportunity to have considerable input into how this happens. The charge nurses particularly have been very involved in this process and we are all looking forward to moving in hopefully before Christmas.



The 3M Casting Conference was held in Auckland 25th and 26th August. The Wearable Arts competition was won by Sue Sharpe and Alison Fraser from Counties Manukau, Sue dressed as a Jaffa. Congratulations to both. Sorry, no pictures to show, International Orthopaedic Nurses Day is now not far away (Monday October 30th) so you need to start thinking about how we (and you in your areas) can celebrate the uniqueness that makes Orthopaedic nurses special.

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The Orthopaedic nurse maintains current orthopaedic knowledge through formal and informal education.

Orthopaedic Scholarships.

The Ministry of Health is currently offering scholarships for nurses working in Orthopaedics, particularly in the

Other opportunities.

Auckland University of Technology offers a Speciality Practice paper on Orthopaedic Nursing. This will next be offered in Semester One 2007. This can become part of a course of study that leads to certification as a Nurse Practitioner. This paper is offered on-line. It is a single semester paper.

area of elective surgery. (Joint replacements primarily).
The scholarships can cover courses of study, conference attendances and site visits.
Contact your Director of Nursing office for further information.

The University of Auckland also run a Speciality Practice paper in Orthopaedics. This can also lead on to a clinical Masters and Nurse Practitioner certification. This is not currently offered on line. It will next be offered Semester One 2007- it is a double semester paper.



Upcoming events:

Conferences:

Trauma Services 11th Annual Injury Conference

Injury 2006

3rd & 4th August 2006

Eden Park

Auckland

www.adhb.govt.nz/trauma/injury_2006

The 5th Wellington Orthopaedic Nursing Conference

Management of the multi trauma patient

Wellington Town Hall

8th and 9th September 2006-05-12

Contact Pip Andrews

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ANZONA conference, Canberra, Australia
12th/13th October 2006. Rydges Lakeside
Conference programme still not yet finalised.

www.anzona2006.com.au

RCN Society of Orthopaedic and Trauma Nursing International
Conference and Exhibition, Sands of Time: Orthopaedic Nursing Past,
Present and Future.

September 14th-16th 2006. Floral Hall and Theatre Complex Southport,
UK. For further details visit

www.orthopaedicnursing.org and click on conferences tab

Trauma 2006-06-22 28 September -1 October 2006

Gold Coast

Queensland

Australia

www.trauma2006.com

NZONA AGM:

Saturday 9th September 2006

Town Hall

Wellington

Some useful websites:

www.orthopaedicnursing.org

www.ona.asn

www.orthonurse.org

Call for proposals:

NAON Congress St Louis, Missouri 19th-23rd May 2007.

Deadline for presentations: 23/06/2006

Deadline for posters 29/09/2006

Show and tell:

Do you have anything interesting happening in your area? If so, please
share it. Send contributions to this newsletter to

LynleyP@middlemore.co.nz

Article of interest:

Hart,E., Albright,M., Rebello,G. and Grottkau,B. (2006). Broken bones.
Common Paediatric Fracture Part 1. *Orthopaedic Nursing* 25(4), 251-256.

This article provides an introduction to paediatric fractures. Pictures
throughout the article show clearly some of the differences in the
paediatric musculoskeletal system. There is a brief overview on

embryology and early development, essential to understand when nursing these young patients. Of course with children, growth plate injuries are of significant concern. The authors describe the Salter-Harris classification of growth plate injuries which helps the reader to understand the healing process and potential complications.

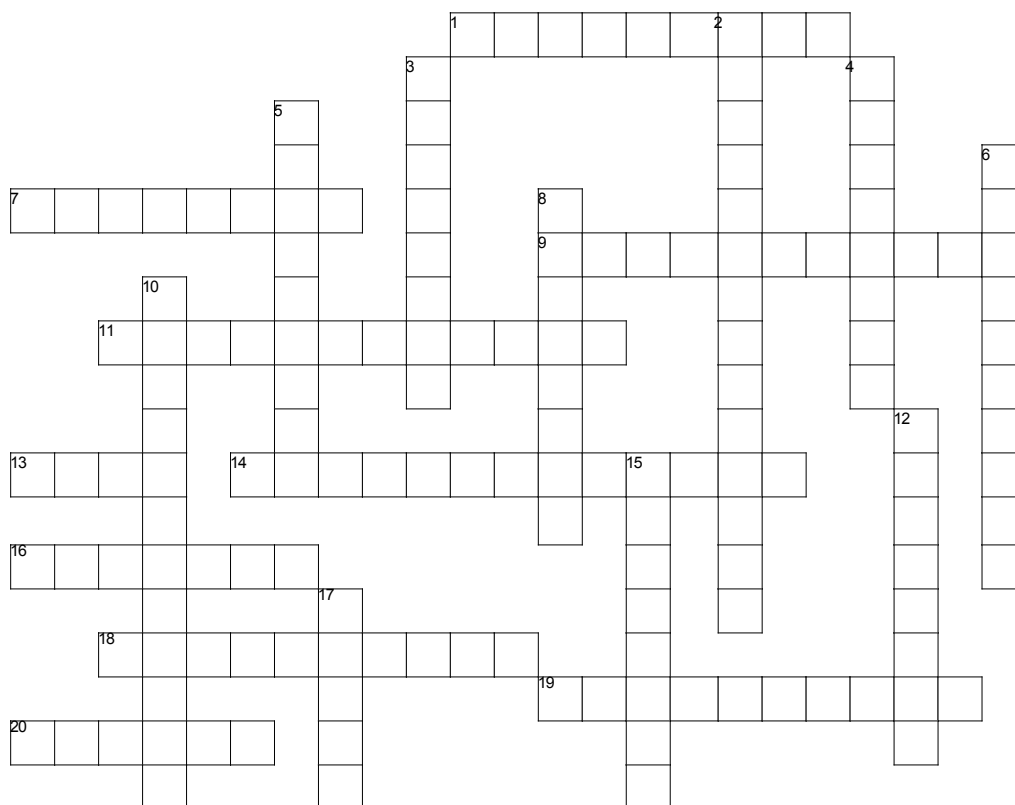
It is unfortunate that child abuse is becoming increasingly common and this issue is raised as a red flag by the authors with the emphasis on reporting those injuries which are suspicious.

Final thought:

The most important practical lesson that can be given to nurses is to teach them what to observe- how to observe- what symptoms indicate improvement- what the reverse- which are on importance- which are of none- which are evidence of neglect and of what kind of neglect.

Florence Nightingale.

Puzzle for the month:



www.CrosswordWolver.com

ACROSS

- 1 First stage in bone healing
- 7 Common name for CTEV
- 9 Syndrome often associated with trauma, especially soft tissue
- 11 Abnormal loss of bone density
- 13 Type of jacket that enables spinal injured patients to mobilise instead of staying on bedrest
- 14 Infection of bone usually caused by SAureus
- 16 major nerve from L5 supplying lower limb
- 18 Spongy bone
- 19 System that provides blood supply to bone
- 20 Nerve compressed in carpal tunnel syndrome

DOWN

- 2 Non inflammatory form of arthritis
- 3 Break in bone
- 4 A fracture/dislocation of C2 or C3 is commonly referred to as _____ fracture
- 5 Lateral curvature of the spine
- 6 Bone cell responsible for breakdown and resorption of osseous tissue
- 8 Major tendon connecting gastrocnemius and soleus muscles to calcaneus
- 10 Adult form of rickets
- 12 Damage to this nerve causes footdrop
- 15 Type of fixation device often used to correct deformity. Invented in Siberia
- 17 _____ deviation is a common hand characteristic of Rheumatoid Arthritis

Answer to last month's puzzle.

