

# BREAKING NEWS

NEW ZEALAND ORTHOPAEDIC NURSES ASSOCIATION 2006. Issue 5

Hi everyone,  
I hope the RMO strike has not affected you greatly.  
A number of nurses attended the NAON congress in Boston this year.

The theme for this year was Partnering for Growth. The NAON website has photos from the Congress, including the disco night.

While there, I had the opportunity to attend a meeting of the International Collaboration of Orthopaedic Nurses, which included representatives from USA, UK, Canada, HongKong, Australia and New Zealand.

Osteoporosis education is being rolled out in schools in some States and also in the UK. The programme in the States is available on the NAON website for those who may wish to review it. [www.orthonurse.org](http://www.orthonurse.org)



There is also considerable interest in manual handling programmes for staff, keeping staff safe.

Photos from the Congress are available to view on the NAON website.

The next NZONA meeting will be at Manukau Super Clinic South Auckland. The NZONA meetings also have an educational element to them after the business has been done. Do make the most of these opportunities as they come your way.

Lynley Papadopoulos  
CNE Orthopaedics  
Counties Manukau DHB

[LynleyP@middlemore.co.nz](mailto:LynleyP@middlemore.co.nz)

**The Orthopaedic nurse maintains current orthopaedic knowledge through formal and informal education.**

### **Orthopaedic Scholarships.**

The Ministry of Health is currently offering scholarships

Other opportunities.

**Auckland University of Technology** offers a Speciality Practice paper on Orthopaedic Nursing. This will next be offered in Semester One 2007. This can become part of a course of study that leads to certification as a Nurse Practitioner. This paper is offered on-

for nurses working in Orthopaedics, particularly in the area of elective surgery. (Joint replacements primarily). The scholarships can cover courses of study, conference attendances and site visits. Contact your Director of Nursing office for further information.

line. It is a single semester paper.

**The University of Auckland** also run a Speciality Practice paper in Orthopaedics. This can also lead on to a clinical Masters and Nurse Practitioner certification. This is not currently offered on line. It will next be offered Semester One 2007- it is a double semester paper.



Upcoming events:

Conferences:

3M Casting Conference 2006 Rydges Hotel Auckland August 25-26.

Call for abstracts. Closing date for these is 16 June 2006.

Enquires to:

Julia Stafford

Ph 09 443 9132

e-mail: [jstafford@mmm.com](mailto:jstafford@mmm.com)

Trauma Services 11<sup>th</sup> Annual Injury Conference

Injury 2006

3<sup>rd</sup> & 4<sup>th</sup> August 2006

Eden Park

Auckland

[www.adhb.govt.nz/trauma/injury\\_2006](http://www.adhb.govt.nz/trauma/injury_2006)

The 5<sup>th</sup> Wellington Orthopaedic Nursing Conference

Management of the multi trauma patient

Wellington Town Hall

8<sup>th</sup> and 9<sup>th</sup> September 2006-05-12

Contact Pip Andrews

Ph: (04) 385 5999 extn 6444

[pipandrews@ccdhb.org.nz](mailto:pipandrews@ccdhb.org.nz)

ANZONA conference, Canberra, Australia

12<sup>th</sup>/13<sup>th</sup> October 2006. Rydges Lakeside

[www.anzona2006.com.au](http://www.anzona2006.com.au)

RCN Society of Orthopaedic and Trauma Nursing International  
Conference and Exhibition, Sands of Time: Orthopaedic Nursing Past,  
Present and Future.

September 14<sup>th</sup>-16<sup>th</sup> 2006. Floral Hall and Theatre Complex Southport,  
UK. For further details visit

[www.orthopaedicnursing.org](http://www.orthopaedicnursing.org) and click on conferences tab

Trauma 2006-06-22 28 September -1 October 2006

Gold Coast

Queensland

Australia

[www.trauma2006.com](http://www.trauma2006.com)

NZONA meeting:

Tuesday July 18<sup>th</sup> 2006

Conference Room

1<sup>st</sup> floor

Manukau Surgery Centre

South Auckland

Some useful websites:

[www.orthopaedicnursing.org](http://www.orthopaedicnursing.org)

[www.ona.asn](http://www.ona.asn)

[www.orthonurse.org](http://www.orthonurse.org)

Call for proposals:

NAON Congress St Louis, Missouri 19<sup>th</sup>-23<sup>rd</sup> May 2007.

Deadline for presentations: 23/06/2006

Deadline for posters 29/09/2006

**Show and tell:**

Do you have anything interesting happening in your area? If so, please share it. Send contributions to this newsletter to

[LynleyP@middlemore.co.nz](mailto:LynleyP@middlemore.co.nz)

**Article of interest:**

Cutilli,C.(2006). Do your Patients Understand? Providing Culturally Congruent Patient Education. *Orthopaedic Nursing*. 25(3), 218-226

This article looks at cultural nursing and considers factors relevant to patient education in the context of their culture. In the States, the cultural aspects of nursing were looked at by Madeline Leininger in the 1950's. This is termed transcultural nursing. Her model is known as the Sunrise Model. Other nursing models have been developed since then. One model by Campinha-Bacote has five assumptions about cultural care.

These are:

- 1) Cultural competence is a process, not an event
- 2) Cultural competence consists of five constructs: cultural awareness, cultural knowledge, cultural skills, cultural encounters and cultural desires
- 3) There are more variations within ethnic groups than across ethnic groups
- 4) There is a direct relationship between the level of competence of healthcare providers and their ability to provide culturally responsive healthcare services.
- 5) Cultural competence is an essential component in rendering effective and culturally responsive services to culturally and ethnically diverse clients.

In this article it is recognised that nurses need patient education skills in cross-cultural situations. Nurses are working daily with many individuals from other cultures.

Assessment is an important part of the nursing process. This assessment needs to include cultural information that can impact the educational process

Some of the questions may be:

What do you call the problem?

What do you think caused the problem?

Why do you think it started the way it did?

What are the chief problems the sickness has caused?

What do you fear most about the sickness?

These questions help nurses to understand the health issue from the cultural perspective of the patient.

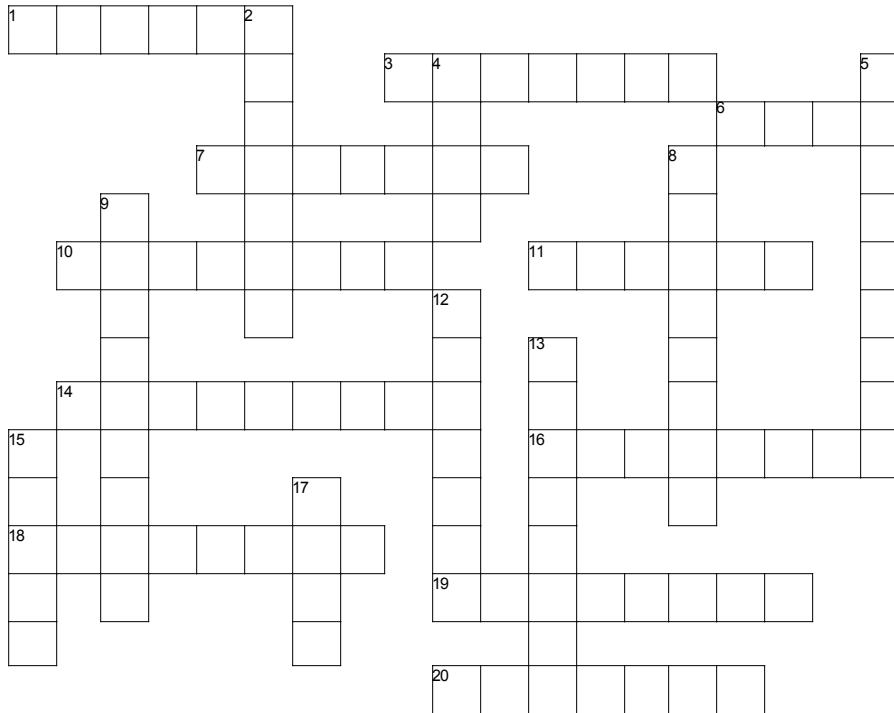
Final thought:

One value for Orthopaedic Nurses:

Maintaining a balance between technology, specialty knowledge, clinical expertise, research, political awareness and caring the role of the orthopaedic nurse is clearly that of patient advocate and as the gatekeeper in the delivery of orthopaedic patient care.

Puzzle for the month.

Dem bones, Dem bones



www.CrosswordWaver.com

**ACROSS**

- 1 The bone that "carries" the hand
- 3 Eight bones that form the true wrist
- 6 Longer bone located in the forearm and plays a major role in forming the elbow joint
- 7 Cavity that is the socket of the shoulder joint
- 10 Articulates with the sternum and scapula
- 11 Carpal bone in centre of proximal row.
- 14 Carpal bone that articulates with the scaphoid and the 1st metacarpal
- 16 Small spheroidal carpal bone that articulates with the triquetral bone
- 18 One of two condyles at distal end of humerus located medially
- 19 The shoulder blades word derived from "spade" or "shovel" as these bones from animals made spades in ancient times
- 20 Lies in the anterior midline of the thorax

**DOWN**

- 2 Sae shaped process on distal ulna
- 4 C2 vertebra
- 5 Ball-like condyle located laterally at distal end of humerus
- 8 proximal, lateral carpus bone. Boat shaped bone
- 9 Process that forms the elbow
- 12 Sole bone in upper arm
- 13 Largest bone located in the centre of the wrist
- 15 Another name for C1 vertebrae named after a character in Greek mythology
- 17 The odontoid process of C2

Answers to last month's puzzle.

