

BREAKING NEWS

NEW ZEALAND ORTHOPAEDIC NURSES ASSOCIATION 2006. Issue 4

Hi everyone,

Many of you will now be preparing for winter. The weather has certainly changed over the last month or so.

There are a number of New Zealand nurses travelling to Boston next week for the NAON Congress, including myself. I anticipate having a exciting time networking and collecting ideas, but also exploring Boston and shopping. There will be the opportunity I hope, to visit Mass General Hospital s well which will be interesting.

Today, being International Nurses Day, we have held our Nursing and Midwifery Awards. This is where nurse and midwives nominate their peers for specific awards. We had a number of nominees so it was great to hear about the positive influence nurses have in their workplace.

The Orthopaedic nurse maintains current orthopaedic knowledge through formal and informal education.

Orthopaedic Scholarships.

The Ministry of Health is currently offering scholarships for nurses working in Orthopaedics, particularly in the



The next NZONA meeting will be at Waikato on 16th May 2006.

The NZONA meetings also have an educational element to them after the business has been done. Do make the most of these opportunities as they come your way.

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Other opportunities.

Auckland University of Technology offers a Speciality Practice paper on Orthopaedic Nursing. This will next be offered in Semester One 2007. This can become part of a course of study that leads to certification as a Nurse Practitioner. This paper is offered on-line. It is a single semester paper.

area of elective surgery. (Joint replacements primarily).
The scholarships can cover courses of study, conference attendances and site visits.
Contact your Director of Nursing office for further information.

The University of Auckland also run a Speciality Practice paper in Orthopaedics. This can also lead on to a clinical Masters and Nurse Practitioner certification. This is not currently offered on line. It will next be offered Semester One 2007- it is a double semester paper.



Upcoming events:

Conferences:

3M Casting Conference 2006 Rydges Hotel Auckland August 25-26.

Call for abstracts. Closing date for these is 16 June 2006.

Enquires to:

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The 5th Wellington Orthopaedic Nursing Conference

Management of the multi trauma patient

Wellington Town Hall

8th and 9th September 2006-05-12

Contact Pip Andrews

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ANZONA conference, Canberra, Australia

12th/13th October 2006. Rydges Lakeside

Call for abstracts coming in May

RCN Society of Orthopaedic and Trauma Nursing International Conference and Exhibition, Sands of Time: Orthopaedic Nursing Past, Present and Future.
September 14th-16th 2006. Floral Hall and Theatre Complex Southport, UK. For further details visit www.orthopaedicnursing.org and click on conferences tab

NZONA meeting:
Tuesday May 16th 2006
Waikato Hospital.

Some useful websites:

www.orthopaedicnursing.org

www.ona.asn

The NAON website now offers education online for members.

Show and tell:

Do you have anything interesting happening in your area? If so, please share it. Send contributions to this newsletter to LynleyP@middlemore.co.nz

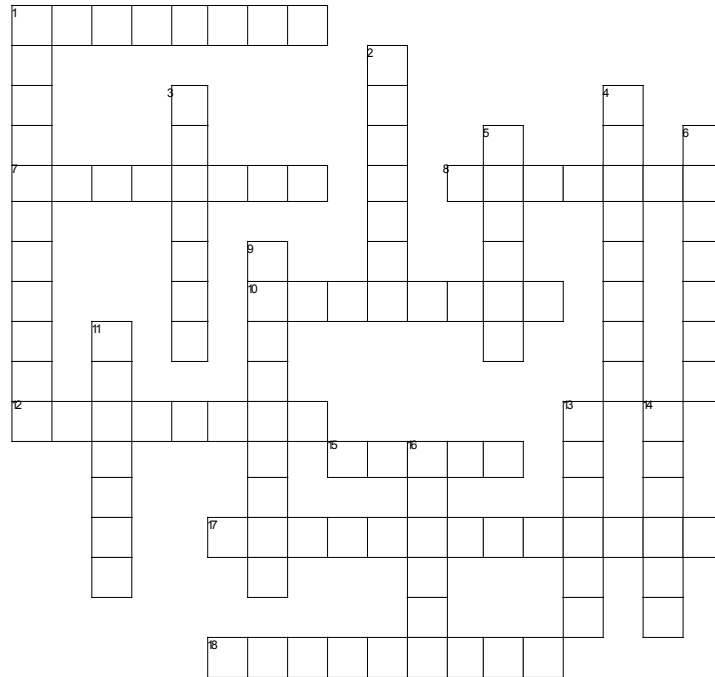
Final thought:

One value for Orthopaedic Nurses:

The increased knowledge and expertise of the orthopaedic nurse serves to decrease the cost of health care through timely and appropriate identification of patient needs, effective and efficient health care delivery and timely and appropriate health education, maintenance and prevention programmes.

Puzzle for the month.

Nerve Supply



www.CrosswordWaver.com

ACROSS

- 1 One anatomical enlargement of the spinal cord is known as the _____ enlargement
- 7 Motor neurons transmit to the _____ horn of the spinal cord
- 8 Motor function to quadriceps and sartorius
- 10 Large plexus of nerves located in the neck and axilla
- 12 Enervation to the deltoid and teres minor comes from this nerve
- 15 Feeds to the flexor muscles in the anterior of the forearm
- 17 Destruction of the anterior horn motor neurons by poliomyelitis
- 18 The _____ horn of the spinal cord receives the sensory impulses

DOWN

- 1 The collection of nerve roots that resemble a horse's tail
- 2 Paralysis that occurs when only the upper motor neurons of the primary motor cortex are damaged
- 3 nerve that controls the function of the diaphragm
- 4 Sometimes known as the common fibular nerve. This nerve wraps around the head of the fibula and divides into superficial and deep branches
- 5 nerve that activates the muscles that pronate the forearm, flex the wrist and fingers and oppose the thumb
- 6 Severe damage to the anterior horn cells results in a _____ paralysis
- 9 Motor function for cruralis magnus longus and brevis muscles in the leg
- 11 Nerve that is the largest branch of the thoracic plexus
- 13 Posterior muscles of the arm, forearm and hand are supplied by this nerve
- 14 Nerve that supplies the posterior muscle compartments of the leg
- 16 The spinal cord ends at the level of _____ vertebrae 1.

