

BREAKING NEWS

NEW ZEALAND ORTHOPAEDIC NURSES ASSOCIATION 2006.Issue 10

Hi everyone,

Welcome to our newsletter. It is only one month until Christmas and I am sure some of us really do not want to be reminded.

At Middlemore we are only weeks away from moving to our new wards. One of the General Surgical wards moved yesterday so we have been observing the process so when we move it will all be perfect.(??!)

The AGM for NZONA was held in Rotorua on 28th October 2006. Currently we have 36 fully paid up members. It is time for membership renewal. At this stage we still do not have credit card facility but Kevin is working on this.

With Amanda Burton stepping down from the president role earlier this year, this position was available. Teena Robinson from Queen Elizabeth Hospital in Rotorua has been elected to this position. Kim Brooks remains as vice president.



Rachael Mills, CNE Orthopaedics Lakes DHB, has been elected to the role of secretary. I would like to take this opportunity to thank Kim Brooks for her role as interim president and Sheree Gare from Waikato for her role as secretary over the last year. Sheree has stepped down from the role to work on her thesis and we wish her well. Other positions remain the same.
Treasurer- Kevin Ankcorn
Promotions Officer- Lynley Papadopoulos

Lynley Papadopoulos
CNE Orthopaedics
Counties Manukau DHB

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The Orthopaedic nurse maintains current orthopaedic knowledge through formal and informal education.

Other opportunities.

Auckland University of Technology offers a Speciality Practice paper on Orthopaedic Nursing. This will next be offered in Semester One 2007. This can become part of a course of study

Orthopaedic Scholarships.

The Ministry of Health is currently offering scholarships for nurses working in Orthopaedics, particularly in the area of elective surgery. (Joint replacements primarily). The scholarships can cover courses of study, conference attendances and site visits. Contact your Director of Nursing office for further information.

that leads to certification as a Nurse Practitioner. This paper is offered on-line. It is a single semester paper.

The University of Auckland also run a Speciality Practice paper in Orthopaedics. This can also lead on to a clinical Masters and Nurse Practitioner certification. This is not currently offered on line. It will next be offered Semester One 2007- it is a double semester paper.



About our president:

Teena Robinson has over 20 years of nursing experience in New Zealand and overseas. She is enthusiastic and committed to nursing as a career. Teena has recently acquired a Master of Nursing and is currently applying to Nursing Council for recognition as a Nurse Practitioner. She currently works at Queen Elizabeth Hospital in Rotorua where her role is that of Nurse Clinician. The Nurse Clinician role at Queen Elizabeth involves providing advance nursing care to elective surgical patients. Teena does this across the pre operative, intra operative and post operatives phases of the care continuum. She is a valuable member of the health care team at Queen Elizabeth. I would like to take this opportunity to welcome Teena to her role with NZONA and wish her well with her NP application to Nursing Council. At the recent AGM Teena demonstrated her passion for orthopaedic nursing and nursing in general. Welcome!!

Regional Representatives:

At the AGM the proposed structure of NZONA was discussed. The structure was accepted and voting took place for representatives for each are.

Northern Group Representatives:

(Northland/Auckland/Waikato/BOP/Lakes)

Lyn Paul- Charge Nurse Orthopaedics Tauranga lyn.paul@bopdhb.govt.nz

Lyn Harris- Team Leader Orthopaedic Outpatients, Waikato

harrisl@waikatodhb.govt.nz

Midland Group Representative:

Natalie Lindsay Wellington

2nd person to be arranged

Southern Group Representative:

Jenny Norton

2nd person to be arranged.

New Zealand has agreed to host the 2007 ANZONA conference.

Members agreed that Rotorua would be the best venue because of the tourism aspects as well as the conference and accommodation infrastructure that is in place. At this stage the conference is scheduled for the 1st week in November 2007.

The Conference Working Party include:

Teena Robinson

Kim Brooks

Rachael Mills

Kevin Ankcorn

Lynley Papadopoulos

Sheree Gare

Lyn Paul

Lyn Harris

Show and tell:

Raffle results:

At the AGM raffles were run. The prize winner are as below:

3M hamper- Sarah Graham Waikato Hospital

Smith and Nephew Coffee Hamper- Bev Simpkins

Smith and Nephew Jewellery and Waikato Plaster Flip Casting Guidelines-

Ana Waqairawaqa- Rotorua

Message from Camille Dowling, President ANZONA.

"I have been invited to attend to AADO Conference in Hong Kong. I have also been invited to attend the ICON meeting as the president of ANZONA preceding the conference. The AADO are supporting my expenses to attend. I feel very honoured to have received this invitation and have accepted to attend as ANZONA's president.

The AADO President has asked me to make a brief presentation to open the conference and have our national flag/s represented.

I am rather excited about the trip and since it comes at such short notice it makes it even more exciting!

The ICON meeting will be interesting as I will see first hand what ICON is all about and be able to feedback to our group the benefits of our continued involvement."

Camille.

Do you have anything interesting happening in your area? If so, please share it. Send contributions to this newsletter to

LynleyP@middlemore.co.nz

Upcoming events:

AUSTRAMA 2007

The Sting

Trauma and Critical Care Conference

Sydney Convention & Exhibition Centre

Darling Harbour, Sydney

www.austraumaconference.org

CONA 30th annual conference,
Victoria, British Columbia, Canada
May 12-15 2007

NAON 27th Annual Congress
St Louis, MO
Energising the Future
May 19-23 2007

Northern Orthopaedic Nurses Education Section
New Zealand Orthopaedic Nurses Association
December 5th 2006, 5.30 pm
Tauranga Hospital.

Some useful websites:

www.orthopaedicnursing.org

www.ona.asn

www.orthonurse.org

Services offered:

TYPING SERVICES

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Previous Orthopaedic Typing Experience

Contact: Heather Almao PH 021 478 846

Article of interest:

Flynn,S. & Whitehead,E. (2006). An exploration of issues related to nurse led clinics. *Journal of Orthopaedic Nursing*, 19(2), 86-94

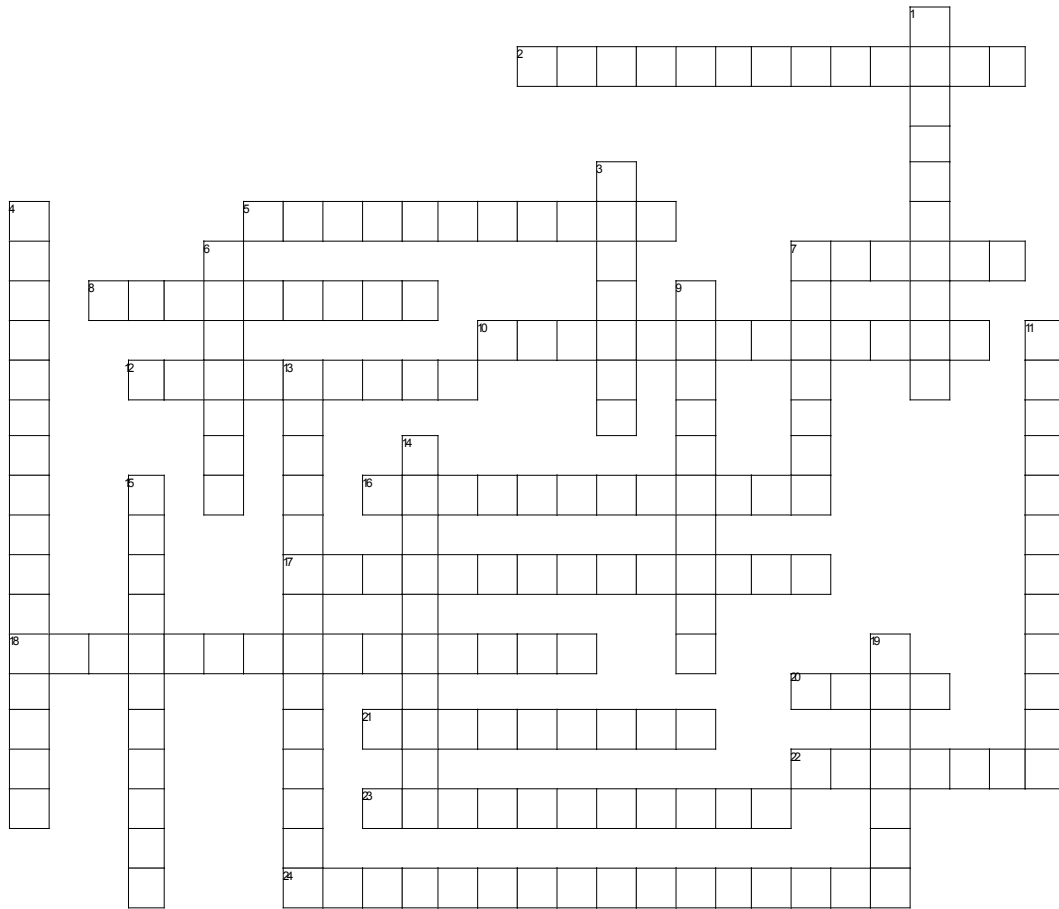
This article examines some of the issues related to nurse-led clinics. The topics discussed are patient satisfaction, the role of the nurse practitioner, the concept of caring, nurse lead clinics, nurse education and patient education.

This article does not have a specific orthopaedic focus, but I believe we have to potential to develop nurse led clinics within our speciality.

Nurse led clinics need to offer a quality of care which is acceptable to the individual patient regardless of the speciality service they are using.

Puzzle for the month:

Musculo-skeletal disorders



www.CrosswordWeaver.com

ACROSS

- 2 Defect or break in the neural arch between the superior and inferior articulating processes
- 5 _____ Rheumatica. Clinical syndrome characterised by pain, stiffness in shoulder girdle, pelvic girdle and neck occurring in people over 50 years of age. Primarily a pain syndrome.
- 7 a common metabolic disease of bone of unknown cause usually affecting middle aged and elderly people, characterised by excessive bone destruction and unorganised bone repair
- 8 Lateral curvature of the spine with vertebral body rotation
- 10 the destruction and death of bone tissue often from ischaemia, infection, malignant disease or trauma
- 12 A form of arthritis characterised by inflammation of connective tissue, primarily in diarthrodial joints, with unexplained periods of remission and exacerbation
- 16 Abnormal loss of bone density. Can be caused by long-term steroid therapy, thyrotoxicosis, hyperparathyroidism
- 17 Slowly progressive, non-inflammatory disorder of movable joints
- 18 Ashford-Limbed, disproportionate dwarf syndrome
- 20 Disorder in purine metabolism characterised by monosodium urate crystal deposits
- 21 A form of arthritis associated with a common skin disorder
- 22 _____ syndrome is a form of reactive arthritis
- 23 abnormal condition of lamellar bone. Characterised by loss of calcification of the matrix resulting in softening of bone with associated weakness, fracture, pain, anorexia and weight loss
- 24 Forward subluxation of one vertebrae on another, most common in the lumbosacral spine

DOWN

- 1 Subnormally mineralised bone
- 3 Caused by the deficiency of Vitamin D, seen primarily in infancy and childhood and characterised by abnormal bone formation
- 4 Inflammation or partial separation of the tibial tubercle caused by chronic irritation, usually as a result of overuse of the quadriceps muscle
- 6 Disease characterised by localised varus deformity and caused by distorted growth of the proximal physis and metaphysis
- 7 Osteochondrosis of the head of the femur in children
- 9 A systemic inflammatory disease of the axial skeleton, including the sacroiliac joints, intervertebral discs and costovertebral articulations is known as _____ spondylitis
- 11 _____ Disease presents with a structural kyphosis of greater than 45 degrees, irregular vertebral endplates, disc narrowing, wedging of 3 or more thoracic vertebrae and often pain
- 13 _____ multiplex congenita, fibrous stiffness of one or more joints, present at birth
- 14 the degeneration and dissolution of bone caused by disease or ischaemia
- 15 Chronic hardening and thickening of the skin caused by new collagen formation
- 19 Hallux valgus

Answer to last month's puzzle.

