

BREAKING NEWS

NEW ZEALAND ORTHOPAEDIC NURSES ASSOCIATION 2006. Issue 1

Hi everyone,

Welcome to a new year. Such a lot happened last year with establishing NZONA and that has been a positive step for Orthopaedic Nurses across the country.

I trust you have had a great Christmas and are enjoying the long days.

Please let me know what innovative things are happening in your areas so we can share these. It all helps to expand our profile. For those who are undertaking study this year, best wishes with that and remember to look after yourselves.

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This has now become the logo for NZONA. The winner of the competition was Mabel Adon from North Shore. Congratulations!!! Mabel has won a \$50=00 petrol voucher and a one year membership to NZONA.

Profile:

Lynley Papadopoulos.
Promotions Officer.
I am currently working as a nurse educator in Orthopaedics at Counties Manukau District Health Board. I completed my nursing training at Whangarei, finishing in 1979. I worked at Te Kuiti for nine months prior to getting married and moving to Auckland. I then worked at the Spinal Unit until shortly before the birth of

Orthopaedic Scholarships.

The Ministry of Health is currently offering scholarships for nurses working in Orthopaedics, particularly in the area of elective surgery. (Joint replacements primarily).
The scholarships can cover courses of study, conference attendances and site visits.
Contact your Director of Nursing office for further information.

my first child. When my second child was a few months old I returned to work and have worked in Orthopaedics since, with six months off when my third child was born. I completed the Orthopaedic course and Middlemore in 1990 and my undergraduate degree in 1999. I am currently undertaking Pg study at AUT.

Outside work, I love walking especially if there is bush about and have recently taken up swimming and cycling as well. My eldest daughter was married just over a year ago. One of my aims for this year is to read a book every fortnight that is not related to my job. Any suggestions are helpful.

I am passionate about Orthopaedic Nursing and believe this is an exciting time to be an Orthopaedic Nurse. The formation of our association and the combined Australia and New Zealand one (ANZONA) promise for an exciting future. My challenge to nurses in Orthopaedics is to put up your hand to be part of this and make a difference.

Other opportunities.

Auckland University of Technology offer a Speciality Practice paper on Orthopaedic Nursing. This will next be offered in Semester One 2006. This can become part of a course of study that leads to certification as a Nurse Practitioner. This paper is offered on-line. It is a single semester paper.

The University of Auckland also run a Speciality Practice paper in Orthopaedics. This can also lead on to a clinical Masters and Nurse Practitioner certification. This is not currently offered on line. It will next be offered Semester One 2006- it is a double semester paper.



Upcoming events:

Conferences:

Orthopaedics Across the Generations_ From Pediatrics to Geriatrics.
May 7-10 2006.

West Edmonton Mall Conference Center

Fantasyland Hotel,
Edmonton, Alberta,
Canada.

Contact: Tessie Poong. E-mail: tessiepoong@hotmail.com

NAON Congress Boston. Partnering for Growth. May 20-24 2006. See

NAON website: www.orthonurse.org e-mail- naon@smithbucklin.com

NZONA meeting:

Tuesday March 21st 2006.

1900 hours

Rotorua Hospital.

Possible topics: Tsunami experience, Back pain Management

Show and tell:

Do you have anything interesting happening in your area? If so, please share it. Send contributions to this newsletter to

LynleyP@middlemore.co.nz

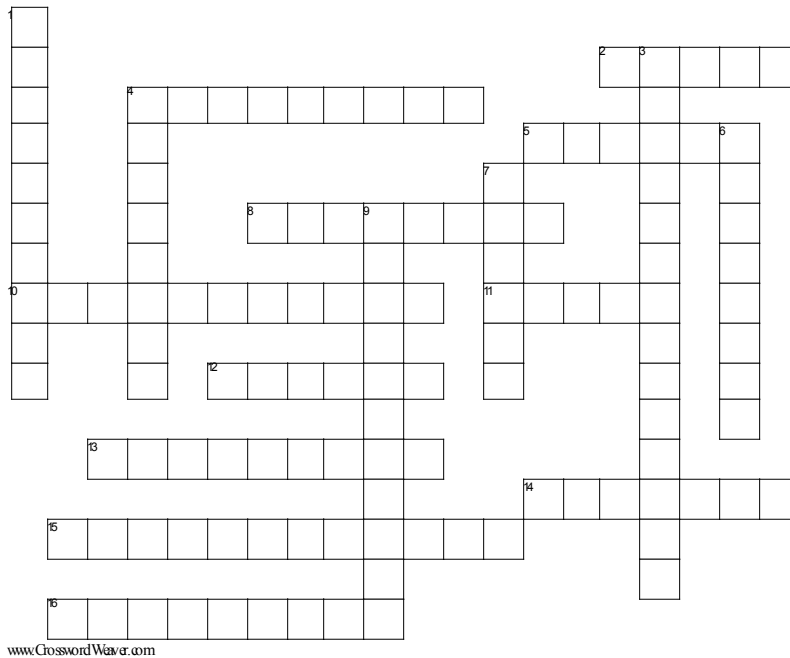
Final thought:

One value for Orthopaedic Nurses:

Specialised orthopaedic nurses provide consistent delivery of care

Puzzle for the month.

Arthritis.



www.CrosswordWaver.com

ACROSS

- 2 Plain X-Ray show loss of _____ space
- 4 OA has two classifications. Idiopathic (formerly primary) and _____
- 5 Syndrome describing RA associated leucopenia
- 8 Nodules found on PIP joints in patient with OA
- 10 degenerative disease leads to bony growth known as _____
- 11 _____ deviation is a result of changes in the metacarpophalangeal joints
- 12 Advanced OA can lead to _____ changes in bone apparent on plain X-Ray
- 13 OA results from _____ cartilage damage
- 14 Congenital deformities such as _____ Disease can lead to OA
- 15 Potential cardiac complication of RA
- 16 Nodules found on DIP joints in patient with OA

DOWN

- 1 A chronic, inflammatory, destructive collagen arthritis that has an autoimmune component
- 3 A noninflammatory arthritis which one or many joint undergo degenerative changes
- 4 This deformity is characterised by flexion of distal interphalangeal joint and hyperextension of the proximal IPJ. Often seen in RA
- 6 Syndrome sometimes associated with RA, patient has dry eyes
- 7 This is one of the contributing factors to secondary OA.
- 9 Patient complains of "popping, cracking and grinding" which is known as _____

Answers for December issue.

