

# BREAKING NEWS

Newsletter of the New Zealand Orthopaedic Nurses Association (N.Z.O.N.A)



## Editorial note...

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Hi everyone,  
 Welcome to this issue of Breaking News.  
 Summer is just around the corner and all the indications show that it could be long, dry and hot. I hope there will be sufficient rain to stave off the droughts experienced last year, especially in Northland.  
 Christmas is now not far away. Pre Christmas sales are appearing, as are Christmas decorations in the shopping malls and the Santa parades.  
 Our thoughts continue to be with the residents of Christchurch as they rebuild after the earthquake, and also with the families and communities of the West Coast mourning those lost at the Pike River mine.  
 The educational sessions this year have been most successful and we enjoy bringing these to you. If you have anything in particular that you would like a presentation on (and can recommend a speaker) please let us know. Anything new and interesting increases our knowledge and improves care.  
 I trust that you all enjoyed Orthopaedic Nurses Day. Please feel free to share any activities that you participated in to celebrate orthopaedic nursing.  
 The ANZONA conference will be hosted in Brisbane in October next year. It would be great to have a strong New Zealand contingent among the speakers and the participants.

Regards,

Lynley Papadopoulos

## From the South:

### REPORT NZONA SOUTHERN REGION STUDY MORNING – 28<sup>th</sup> AUGUST 2010

This study morning was organised by our Mercy Hospital and Marinoto Clinic members, Kate Savage, Carol Dobbs, & Viv Cuthbertson, held at the Hunter Centre in Dunedin. The theme was Anaesthetics.

**GA and Spinal - Anaesthetist Dr Pieter van Ammers** discussed systematically the various models, he thinks about whilst providing a general anaesthetic. He also talked about pain management with pre-emptive analgesia, nerve blocks, spinal morphine, epidural infusions and post-op oral analgesia. He stated there is no data providing evidence that NSAIDs influence bone healing - it is simply "orthopaedic paranoia".

**Dr John Hyndman, Anaesthetist** was invited to talk about Regional Blocks but made the executive decision to discuss Perioperative **Anaphylaxis** instead. With excellent graphics, Dr Hyndman explained the physiology behind anaphylaxis. He discussed the management of an anaphylactic event and the action of adrenaline.

**Post-operative Anaesthetic Care** was presented by **Matt McDonald RN at Mercy Hospital**. Matt discussed the care of the patient with various block in regards to assessment, monitoring, the complications and mobilising the patient post-op. To illustrate the benefits of such blocks he showed a slide of Daniel Craig (James Bond) "leaving hospital with his arm supported in a sling after having his interscalene block". Matt concluded with a photo of David Beckham mobilising with an elbow crutch in one hand and Victoria on the other side.

The final speaker was **Dr Janice McDrury from Mercy Mission Outreach**. She presented the history of the Sisters of Mercy who arrived in Dunedin in 1897. The original Mercy Hospital, which opened in 1936, had 24 beds and was staffed by 9 women compared to now with 41 inpatient beds, 24 beds and 6 chairs in DSU and staffed by 210. She also explained Mercy Mission's charitable portfolio, half of which goes to a Surgical Outreach and the remaining half is divided between the McCauley Chair at Otago University, (Professor Phillip Hill), the Centre for International Health with a research focus on Infectious diseases including TB in the Gambia, Indonesia, United Nations and other projects.

The day concluded with lunch at Eureka and some brainstorming for future study mornings. Next Study Morning is to be held Saturday 13<sup>th</sup> November with a Rheumatology theme.

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# Upcoming Events

## ICN Conference

2-8<sup>th</sup> May 2011

Malta

[www.icn2011.ch](http://www.icn2011.ch)

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## AAOS 2011 Meeting

Nursing and Allied Health Program

15-19 February 2011

San Diego, California

[www.aaos.org](http://www.aaos.org)

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## NAON 31st Congress

14-18 May 2011

Baltimore Convention Centre,

Baltimore, Maryland

[www.orthonurse.org/CEC/](http://www.orthonurse.org/CEC/)

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## European Federation of National Associations of Orthopaedics and Traumatology

1-4 June 2011

Copenhagen, Denmark

[www.efort.org/copenhagen2011/](http://www.efort.org/copenhagen2011/)

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## 34<sup>th</sup> CONA Conference

5-11 June 2011

Winnipeg, Canada

[www.cona-nurse.org](http://www.cona-nurse.org)

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## SOTON Annual International Conference

18-19<sup>th</sup> March 2011

York Racecourse,

York, England

[orthopaedics@rcn.org.uk](mailto:orthopaedics@rcn.org.uk)

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## 5<sup>th</sup> ANZONA Conference

28-29 October 2011

Brisbane, Queensland

Australia

[www.anzona.net](http://www.anzona.net)

e-mail: [gonsig@bigpond.com](mailto:gonsig@bigpond.com)

Some useful websites:

[www.orthopaedicnursing.org](http://www.orthopaedicnursing.org)

[www.ona.asn](http://www.ona.asn)

[www.orthonurse.org](http://www.orthonurse.org)